

# TRAIL ROCACORBA

## PROGRAMA OFICIAL 2023

### PAVELLÓ DE CANET D'ADRI

#### DISSABTE 28 GENER

16:00 h a 17:00 h      **MERRELL WARM UP**  
17:00h a 18:00h      ENTREGA DE DORSALS

#### DIUMENGE 29 GENER

7:15 h a 7:45 h      **MARATHON**  
**8:00 h**      ENTREGA DE DORSALS MARATHON  
**SORTIDA MARATHON**

8:00 h a 8:45 h      **EXPRESS**  
**9:00 h**      ENTREGA DE DORSALS EXPRESS  
**SORTIDA EXPRESS**

8:45 h a 9:15 h      **TRAIL**  
**9:30 h**      ENTREGA DE DORSALS TRAIL  
**SORTIDA TRAIL**

10:25 h      **ARRIBADES EXPRESS**  
13:00 h      PRIMER/A PARTICIPANT EXPRESS  
11:15 h      TEMPS DE TALL  
PREMIS EXPRESS

11:25 h      **ARRIBADES MARATHON**  
16:00 h      PRIMER/A PARTICIPANT MARATHON  
14:00 h      TEMPS DE TALL  
PREMIS MARATHON

11:45 h      **ARRIBADES TRAIL**  
15:30 h      PRIMER/A PARTICIPANT TRAIL  
14:00 h      TEMPS DE TALL  
PREMIS TRAIL

# TRAIL ROCACORBA

## PROGRAMA OFICIAL 2023 PAVELLÓ DE CANET D'ADRI

### SÁBADO 28 ENERO

16:00 h a 17:00 h      **MERRELL WARM UP**  
17:00h a 18:00h      ENTREGA DE DORSALES

### DOMINGO 29 ENERO

7:15 h a 7:45 h      **MARATHON**  
8:00 h              ENTREGA DE DORSALES MARATHON  
                         **SALIDA MARATHON**

8:00 h a 8:45 h      **EXPRESS**  
9:00 h              ENTREGA DE DORSALES EXPRESS  
                         **SALIDA EXPRESS**

8:45 h a 9:15 h      **TRAIL**  
9:30 h              ENTREGA DE DORSALES TRAIL  
                         **SALIDA TRAIL**

10:25 h              **LLEGADAS EXPRESS**  
13:00 h              PRIMER/A PARTICIPANTE EXPRESS  
11:15 h              TIEMPO DE CORTE  
                         PREMIOS EXPRESS

11:25 h              **LLEGADAS MARATHON**  
16:00 h              PRIMER/A PARTICIPANTE MARATHON  
14:00 h              TIEMPO DE CORTE  
                         PREMIOS MARATHON

11:45 h              **ARRIBADES TRAIL**  
15:30 h              PRIMER/A PARTICIPANTE TRAIL  
14:00 h              TIEMPO DE CORTE  
                         PREMIOS TRAIL

# TRAIL ROCACORBA

## PROGRAMA OFICIAL 2023 PAVELLÓ DE CANET D'ADRI

### SATURDAY JANUARY 28

4pm to 5pm	<b>MERRELL WARM UP</b>
5pm to 6pm	BIB NUMBERS PICK UP

### SUNDAY JANUARY 29

7:15am to 7:45am	<b>MARATHON</b>
<b>8am</b>	MARATHON BIB NUMBERS PICK UP <b>START MARATHON</b>

8am to 8:45am	<b>EXPRESS</b>
<b>9am</b>	EXPRESS BIB NUMBERS PICK UP <b>START EXPRESS</b>

8:45am to 9:15am	<b>TRAIL</b>
<b>9:30am</b>	TRAIL BIB NUMBERS PICK UP <b>START TRAIL</b>

10:25am	<b>EXPRESS ARRIVALS</b>
1pm	ARRIVAL FIRST PARTICIPANT EXPRESS
11:15am	FINISH LINE CLOSING TIME EXPRESS CEREMONY AWARDS

11:25am	<b>MARATHON ARRIVALS</b>
4pm	ARRIVAL FIRST PARTICIPANT MARATHON
2pm	FINISH LINE CLOSING TIME MARATHON CEREMONY AWARDS

11:45am	<b>TRAIL ARRIVALS</b>
3:30pm	ARRIVAL FIRST PARTICIPANT TRAIL
2pm	FINISH LINE CLOSING TIME TRAIL CEREMONY AWARDS